

Good Evening Bernstein HS Coaching Staff,

I communicated with our Principal Alejandro Ramirez, there's a lot going on so please pass the attachments and the information below on to your athletes during your Zoom team meeting this week.

Take care,

Chad

Important/Importante Athletics/Deportes Meeting/Reunion

Desplácese hacia abajo para español...

Dear Parent/Guardian

We are excited to announce the launch of athletic conditioning for Fall 2020!

The physical conditioning program for Bernstein HS teams will begin on Thursday, November 12, 2020 and will meet for 1 -2 hours, 3:30pm-4:30pm and from 5:00pm – 6:00pm, Monday-Friday.

Participating students must attend the following orientation meeting scheduled for:

DATE: TUESDAY, November 10, 2020

TIME: 6 PM

LINK TO VIRTUAL MEETING:

BERNSTEIN HIGH SCHOOL ATHLETIC CONDITIONING MEETING

Join Zoom Meeting

<https://lausd.zoom.us/j/6322327706>

Meeting ID: 632 232 7706

Safety precautions in accordance with the Los Angeles County Department of Public Health (LACDPH) and state guidelines will be enforced, with sessions taking place outdoors with no equipment yet. In an effort to increase safety at all of our sites, all participating staff and students will be tested for COVID-19 and cleared within 72 hours before participating in athletic conditioning. Your child's appointment for testing should be scheduled for November 9 or 10. The link for testing is:

<https://achieve.lausd.net/covidtestingappt>

Please enter campus at the Van Ness gate next to the Football field. As a reminder, your child will need to wear a mask and abide by physical distancing protocols of at least 6 feet off the field and 8 feet during physical conditioning. Also, athletes must bring their own water bottle. Adults dropping off and picking up students must wait in the car for students.

Lastly, I have attached to this message the required COVID-19 liability waiver form which must be signed and turned in at 3pm on November 12 upon arrival to the Bernstein High School main entrance. Please ensure your child has this form at that time or he/she will not be allowed to participate.

If you would like more information regarding the athletic conditioning program, please feel free to email me.

I hope all is well with you and your families, be safe!

Take care,

Chad Finch
Bernstein High School Athletic Director
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